

# Role Profile

Version: 1.0

**Job Title:** Low Intensity Psychological Worker/PWP

**Dept:** Community Services

**Reports to:** Therapy Services Manager

**Direct Reports:** None

## Role Purpose

*The post-holder will work within the Pathfinder Partnership, across all partner organisations, providing high-quality, evidence-based, low-intensity Cognitive Behavioural Therapy (CBT) based interventions using a guided self-help model, to clients who have experienced sexual harms but also have additional mental health needs.*

## Main Duties and Responsibilities

- Deliver trauma-informed therapeutic services.
- Accurately record clinical interventions.
- Provide a range of information and support for evidence-based, low-intensity psychological interventions whilst working within a flexible and person-centred model of care.
- Undertake specific therapeutic projects as directed by the Senior Management Team.

## General Role Requirements

- Positively represent *We Are Survivors* at all times and in all environments.
- Engage in using your skills within your role and beyond to ensure that 'no male survivor is left behind'.
- Play a part in developing and maintaining a respectful and positive working environment across the workforce; and support all colleagues to engage in cross discipline teamworking.
- Participation in the development and implementation of continuous service improvement.
- Accurately record all information in the relevant and appropriate management or storage systems.
- Provide a polite, courteous, and professional response to all inbound communications via electronic communications, telephone or in person, accurately recording any messages or follow on actions.
- Be responsible for reporting any concerns for the safety of an individual or damaged/faulty equipment using ratified procedures.

## Organisational Core Responsibilities

- Take full responsibility for personal adherence to the Safeguarding Policy and local and national legislation that protects children, young people and adults that are vulnerable
- A commitment to diversity, inclusion, and anti-oppressive practice.
- Always ensure the work you carry out is for the achievement of the mission "To break the silence of the sexual harm on boys and men, providing support and advocacy to them and their loved ones to engage in positive healing free from the impact of abuse; and educating society on the prevention and impact of sexual harms against boys and men"
- Stringently uphold the organisation's values of transparency, integrity, understanding and responsiveness throughout your work and your representation of the organisation.

- Adhere to strict confidentiality boundaries as you have access to sensitive, restricted, and classified information; and ensure that you are fully compliant with all information governance policies set by the organisation and/or Information Commissioners Office.
- Respect individuals right to anonymity within and outside of the organisation.
- Fully comply with the organisations standard operating procedures / quality assurance, guidelines, policies, and procedures, ensuring you do not act to compromise the organisational standards.
- To remain aware at all times of your responsibilities for your own health and safety, for the Health and Safety of those directly responsible to you, your work colleagues and any others who may be affected by the operations under your responsibility or control.
- Ensure you comply with all requirements identified within infection control measures and risk management, both nationally and locally.
- To work positively and inclusively with everyone so that We Are Survivors provides a workplace that does not discriminate against people on the ground of their age, sexuality, religion or belief, race, gender, or disabilities.
- To work flexibly in the interests of the organisation; which may include undertaking other duties provided that these are appropriate to your background, skills and abilities.

**Job Description / Profile Acknowledgement**

- I have read and understood the functions and requirements of this position. I understand this is not to be considered an exhaustive statement of duties, responsibilities or requirements and does not limit the assignment of additional duties for this position.
- I agree to comply with the General Role Requirements and Organisational Core Responsibilities outlined above and to report any violations to my line manager.

<b>Employee Name:</b>	
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<b>Employee Signature:</b>	
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<b>Date:</b>	
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## Person Specification

The following attributes are **Essential** for this role:

Registration:

- BACP, BABCP UKCP, BPS (or equivalent).

Qualifications:

- IAPT-approved postgraduate PWP qualification or Formal training in evidence-based interventions, such as an intermediate certificate in CBT or above

Knowledge and Experience:

- Understanding of issues relating to rape and sexual assault, particularly those relating to boys and men.
- Experience of providing 1:1 evidence-based/low-intensity support.
- Knowledge of child protection issues, safeguarding and other relevant legislation

Skills:

- Ability to prioritise own work load.
- Good written, verbal and interpersonal communication skills.
- Proficient in the use of Microsoft Office Suite, or equivalent, and electronic database system.

The following attributes are **Desirable** for this role:

Registration: Non applicable.

Qualifications:

- Masters Level or above in Counselling/Psychotherapy.
- EMDR / Post Graduate Diploma in CBT.

Knowledge and Experience:

- Experience in data management and information governance.
- Previous experience of working within a highly confidential setting, adhering to data governance.
- Previous experience of working within the voluntary, community or social enterprise (VCSE) sector.

Skills:

- A commitment to diversity, inclusion and anti-oppressive practice.